



MOTHERS IN MIND

ONLINE PARENTING GROUP

DETAILS

- 10-week online program
- Designed for mother's & their children (0-4) who have experienced/witnessed domestic abuse.
- It offers attachment-based and trauma informed interventions to meet the parenting needs of mothers and strengthen parent-child relationships.

Criteria: Participants cannot be living with their abuser at the time of support. Intakes for admission required.

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